HelioLiver Patient-Provider Discussion Guide

Use this guide to learn more about HelioLiver and how to talk to your doctors to see if it's right for you.

HelioLiver is a new blood test that can detect liver cancer early. Designed for high-risk patients by leading oncology experts, this test greatly increases the odds of diagnosing hepatocellular carcinoma (HCC) *before it spreads*.

Why Liver Surveillance Matters

Your liver is a vital organ but also a "silent" one. Often, it can be damaged without any obvious signs or symptoms. That's why it is important to take control of your liver health and proactively monitor your risk for serious illnesses, such as liver cancer.

Routine health screenings are your most valuable asset in the defense against liver cancer. The American Association for the Study of Liver Diseases recommends patients with cirrhosis and/or Hepatitis B undergo surveillance every six months.

Discussion topics for you & your doctor:

- What are my risk factors for liver cancer?
- How often should I receive testing?
- What are my testing options? Which one best fits me and my lifestyle?
- What can I do on my own to prevent cancer?
- Is the HelioLiver test right for me?
- Why is early cancer detection important?
- Do I have an increased risk for cancer?
- Am I up to date on liver cancer surveillance?

How is this different from my current surveillance routine?

Ultrasound is the current standard for liver cancer screening, which can be costly and time consuming. HelioLiver is a simple blood draw that can be done on the same day as your doctor visit and does not require a separate visit to an imaging center.

What will my results tell me?

Your HelioLiver report will come back with a "Normal" or "Abnormal" result:

- A "Normal" result indicates a low likelihood of HCC in the sample. In this case, your doctor may continue with continued testing every 6 months.
- An "Abnormal" result may indicate the presence of HCC. Your provider may follow up with diagnostic imaging, like an MRI.

What do I need to do?

- Talk to your doctor to see if you are eligible for liver surveillance every 6 months.
- Ask if HelioLiver is the right surveillance test for you.
- If you are eligible, your doctor can order the HelioLiver test for you. Your healthcare team will take a sample of your blood for analysis and share results when ready.

If you're interested in HelioLiver, bring this discussion guide to your next doctor's visit. The second page includes valuable information for providers.

HelioLiver Test is a multi-analyte blood test that evaluates *cell-free DNA (cfDNA) methylation patterns and protein tumor markers*. Results are presented as 'abnormal' or 'normal' with the AFP measurement. HelioLiver can *help detect HCC in earlier stages*, when patients have access to more curative treatment options—leading to improved overall outcomes.
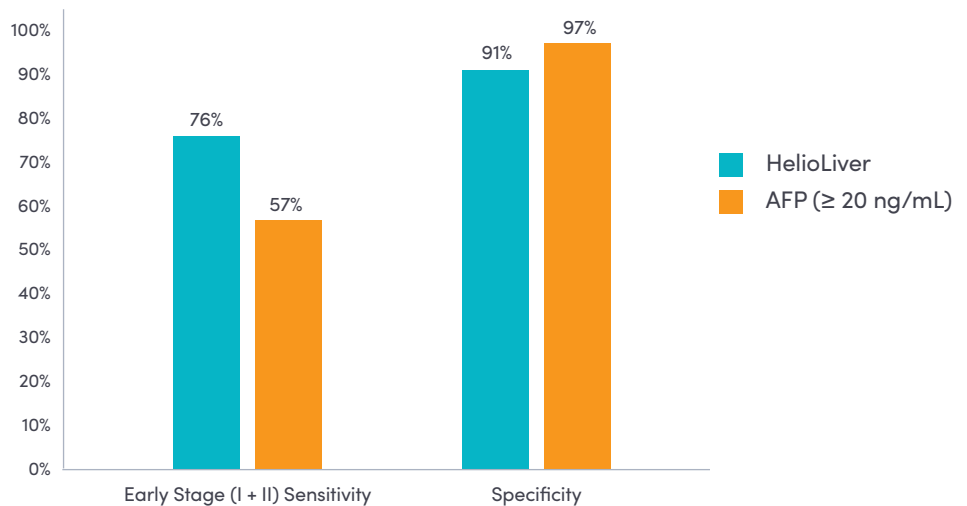
How Does It Compare?

The HelioLiver test delivers superior performance characteristics when compared to traditional blood tests for HCC.

A Multi-Analyte cfDNA-based Blood Test for Early Detection of Hepatocellular Carcinoma

SCAN FOR PUBLICATION

Sensitivity in Early Stage (I + II) HCC

- HelioLiver
- AFP (≥ 20 ng/mL)

Early Stage (I + II) Sensitivity: HelioLiver 76%, AFP 57%
Specificity: HelioLiver 91%, AFP 97%

Who is this test for?

The HelioLiver test is for patients that are recommended for surveillance due to an increased risk for HCC. Guidelines recommend testing every 6 months for patients who have pre-existing cirrhosis or Hepatitis B. Other risk factors for HCC include:

- Liver cirrhosis
- Non-alcoholic steatohepatitis (NASH)
- Nonalcoholic fatty liver disease (NAFLD)
- Hepatitis B (HBV)
- Hepatitis C (HCV)
- Alcoholic liver disease (ALD)
- Hemochromatosis

How do I get the HelioLiver test kit?

To receive a HelioLiver test kit, please fill out the request form on our website and include the number of kits you would like to order. Our team will follow up with you for additional information.

When will my patient's results be ready?

Results will be available for download in your online provider portal in 7–10 days.

Will I also receive AFP results?

Yes, all HelioLiver reports include AFP results.

Learn More
www.helioliver.com

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